

INFECTIOUS DISEASE & ILLNESS EXCLUSION PERIOD CHART

When deciding if your child needs to stay off nursery, please follow the pink column 'WHAT OUR POLICY STATES'.

Although most infectious diseases exclusion periods are the same as the Public Health, we have chosen to amend some of the exclusion periods due to experiencing periods where the infection has spread throughout the nursery on more than one occasion. We have adapted our policy to try to avoid the spread of infections to our staff and the other children. If we have an outbreak of an illness amongst staff and children, we may be forced to close the room down if we cannot meet the legal ratios, so it is in everyone's best interest to follow our policy.

Disease/ Infection	Exposure time	Signs & symptoms	Infectious period	Public Health Exclusions	What our policy states
Influenza	1-4 days	Fever, cough, sore throat & headaches	Up to 14 days	Restrict contact activities until well	Until child is able to carry out their day without medication
Measles	7-18 days	Cold type symptoms with rash	1 st day – 4 days after rash	At least 4 days from rash	At least 4 days from rash
Meningitis	2-10 days	Fever, rash, aches vomiting, light sensitive	24 hours after antibiotics started	Until well enough to return	Until well enough to return
Mumps	12-25 days	Pain in jaw, fever & swelling under ear	1 week before swelling, 9 days after	9 days after swelling appears	9 days after swelling appears
Ringworm	10-14 days	Flat spreading ring shaped lesions	While lesions are present	Restrict contact activities	Can return after the first 24 hours of treatment
Rubella	14-23 days	Swollen glands, rash, Fever,	7 days before rash, at least 4 days after	7 days from appearance of rash	7 days from appearance of rash
Salmonella	6-72 hours	Stomach pain, fever, diarrhoea , nausea	Until well, possibly weeks/months after	Until well & 48 hours after last diarrhoea	Until well & 48 hours after last diarrhoea
Scabies	Days-weeks	Itchy rash around areas of creased skin	Until 24 hours after treatment has started	24 hours after start of treatment	24 hours after start of treatment
Slapped Cheek	4-20 days	Red cheeks and lace like rash on body	Variable time up to appearance of rash	Unnecessary unless child is unwell	Until child is able to carry out their day without medication
Streptococcal	1-3 days	Headache, sore throat, vomiting	24 hours after start of antibiotics	Until 24 hours after start of treatment	Until 24 hours after start of treatment
Whooping cough	5-21 days	Persistent cough with "whoop" sound, runny nose, vomiting,	5 days after antibiotic treatment	21 days from onset of cough or 5 days after start of treatment.	21 days from onset of cough or 5 days after start of treatment.
Chickenpox	10-21 days	Fever & spots with blister like heads	Approximately 5 days and whilst spots are appearing	1 week from 1 st spot or until all spots are scabbed over	Until all spots are scabbed over.
Conjunctivitis	12 hours-12 days	Redness & discharge in eye	While there is discharge in the eye	No exclusion	Can return after the first 24 hours of treatment
Gastroenteritis	1-3 days	Vomiting, diarrhoea & fever	While symptoms last & up to 8 days after	48 hours after vomiting or diarrhoea	48 hours after vomiting or diarrhoea
Glandular Fever	4-6 weeks	Sore throat, Swollen glands, fever.	Prolonged – possibly for 1 year or more	Until well enough to return	Until child is able to carry out their day without medication
Hand, Foot & Mouth	3-5 days	Fever, rash on soles, palms & in mouth. Flu like symptoms	Whilst the child is unwell or longer as virus is in faeces for weeks after	While the child feels unwell	Can return once temperature, and cold symptoms have subsided
Hepatitis A	15-50 days	Nausea, stomach pain, general sickness. jaundice few days later	From 2 weeks before signs appear until 1 week after jaundice stars	7 days from onset of jaundice	7 days from onset of jaundice
Hepatitis B	6 weeks-6 months	Similar to hepatitis A	Infectious several weeks before signs appear until weeks/months later	Until child feels well	Until child feels well
Impetigo	Usually a few days	Scabby sores on exposed parts of the body	24 hours after treatment has started	Until 24 hours after treatment has started	Until 24 hours after treatment has started

- We will not accept a child into nursery if they have had to have paracetamol or ibuprofen based medication before they come into nursery. We can usually tell if a child has been given medication before coming to nursery as the child will become unwell around 3-4 hours after they have been brought into nursery. If we feel this is the case, we will request that the child is collected without delay.
- We will give paracetamol to a child if their temperature reaches 38c or if they become unwell in nursery, but we will always call first before we administer the paracetamol. If the temperature does not subside within 30 minutes, or if the child does not improve, we will call for the child to be collected without delay.